

BMANA News Letter

Bangladesh Medical association of North America

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The Report on 27th Annual Convention of BMANA

The 27th annual convention of BMANA was held on July 27th to 29th at Roosevelt Hotel in Manhattan, NY. The program started on Thursday evening with members and family cultural program. The guests were welcomed by the **president of BMANA Dr. Ehsanur Rahman, the secretary Dr. Nazmul Khan**, the convener of the meeting Dr. Waled Chowdhury and the president of NY chapter **Dr. Maksud Chowdhury**. The children of NY chapter presented an extraordinary musical at the reception and inauguration. The chairman of the reception committee was **Dr. Mostaq Ahmed**. The chairman of registration was **Dr. Lutfa Khanam**. The whole evening was filled with the appreciation of the talented children's program and members performances. The coordinator of the children program was **Dr. Shaheda Iftekar**.

The Friday morning had scientific seminar with five and half hour of CME session. The Chairman of the CME was **Mohammed Zaman, M.D.**, Director **Mohammed Alam, M.D.** and moderator was **Tawfiq Bhuiya, M.D.** The speakers were Mashiul Chowdhury, M.D. on *Recent update on MRSA*, Nazneen Ahmed, M.D. on *Clostridium Dificille Diarrhea: An update*, Rashed Nizam, M.D. on *What you should know about LASIK and refractive Surgery*, Saabry Osmany, M.D. *FDG PET Imaging in Oncology*, Mohammed Alam, M.D. on *New antibiotics for complicated skin and soft tissue infections, bacteremia and endocarditis*, Tauqeer Karim, M.D. on *Introduction to clinical risk management : A new paradigm of clinical research*, Rezwan Islam, M.D. on *Update in oncology*, Shihari Naidu, M.D. on *Percutaneous PFO, ASD closure- Who, what, when and why?*, Basher M. Atiquzzaman, MD. *On Gastrointestinal diseases: Multicultural differences in awareness, understanding and management*.
The poster session was inaugurated at the lobby. The posters were Epithelial sodium channel and mineralocorticoid receptors in brain , cardiovascular regulatory centers by Md. Shahriar Amin , Frans H H Leenen., Central sodium infusion regulates expression of ENac, MR and sgk1 in the brain by Md. Shahriar Amin, Hong-Wei wong, Junabui Tan, Frans H H Leenen, Dysregulated expression of Renal epithelial sodium channels in dhal rats by Md Shariar Amin, Erona Reza, Hong wei Wang, Frans H H Leenan. Expression and regulation of the serum and glucocorticoid regulated kinase (SGK) gene in salt sensitive rats by Md. Shariar Amin, Erona Reza, Hong wei Wang, Frans H H Leenan. University of Ottawa. Multiaxial diagnosis of child and adolescent psychiatric disorders in patients of national Institute of Mental Health, Dhaka, Bangladesh. Tanvira Mustafa, M.D. New York Chlorzoxazone as the cause of fulminant hepatic failure by Adam levy, Gourav Mehta, Malek Ashraf, Santiagao Munoz et all, Philadelphia Helicobacter Pylori : its incidence and seasonal variation in a rural hospital in USA. by Mehvish ally, Saif Muhammed Tahsin, Syed Ally, Bradford , Pennsylvania, Incidence of Methicillin resistant staphylococcus aureus and Vancomycin resistance enterococci in a rural hospital in USA by Mehvish Ally, Adib Hakim, Syed A.I. Ally, Bradford , PA An antioxidant response element in the human peroxiredoxin 6 (Prdx 6) promoter is necessary for induction by oxidative stress by Ibrul chowdhury , Sheldon Feinstein, Maliha Ahmed, Nasiha Jamil, Aron Fisher, Philadelphia Role of QT dispersion in patients with moderate cardiovascular risk by sagar Panse, Abul Kashem, Alfred Bove et all, Philadelphia. Impact of Telemedicine system on physical activity among underserved populations at risk for cardiovascular diseases by Robert Cross, Carol Homko, Abul Kashem Alfred Bove et all, Philadelphia. Enhanced self efficacy but not knowledge predicts increased physical activity by Linda Zamora, carol homko, Abul Kashem, Alfred Bove et all, Philadelphia

The pharmaceutical exhibits was participated by many drug companies, other stalls were by voluntary organization of Bangladesh, the Distress Children International Inc, etc A Film was presented on Arsenic poisoning in Bangladesh, "The Devil's water".

The BMANA alliance committee had their session. They had arranged an art work shop and a seminar on educational, social and cultural issues faced by students and parents. The guest speakers in this work shop were Ms. Moushumi Khan, Esq, a young attorney and activist and Mr. Riaz Khan, PhD. Associate Director, College of Arts and science, New York University.

The most entertaining event for the evening was Moonlight cruise around the Manhattan by Circle line of Hudson River. An excellent cultural program and a delicious great Indian dinner were on board when more than 400 members and family intermingled and reminiscence with beautiful nostalgia. The Chairman of the cruise was Dr. Nazmul Khan, assisted by Dr. Maksud Chowdhury.

The Saturday morning had another scientific seminar with 6 hours of CME. Moderator was Chowdhury Hafiz Ahsan. Opening speech by the president of BMANA Dr. Ehsanur Rahman. The speakers were Chowdhury H. Ahsan, M.D on Management strategies and ACS: developed and developing nation's perspectives, Shamin Sharma, M.D. on Recent advances in Interventional cardiology, Stephen Kubaska II, M.D. on Peripheral vascular disease: Revascularization strategies: Surgeries Vs. Endovascular Therapy, Simmy Bank, M.D. on GERD and Barretts Esophagus, David Weinstock, M.D. on Immunization on Adolescents, Sandip K. Mukherjee, M.D. on Heart Disease among South Asians, Dilip Patel, M.D. on Venous Thromboembolism and Rajiv Jahuhar, M.D. on Controversies in Stents.

There was a one hour research session which was moderated by Abul Kashem, M.D. PhD. The importance of organizing the Bangladeshi American research group is discussed. A drive will be undertaken by BMANA to connect all the medical researchers who are interested in the objective of this organization. There was a visiting speaker Dr. Sirajul Islam, Professor of Children Hospital, Dhaka. His topic was "Update on the control of Infectious diseases in Bangladesh".

At @ 2 PM the Business meeting was held presided by Dr. Ehsanur Rahman. Dr. Nazmul Khan gave secretary's report and Dr. Maksud Chowdhury presented Treasurer's report. An open lively discussion took place about multiple issue of the organization. Many enthusiastic participants made it clear that they like to see the progress of the organization and offered support and participations. The president of the BMANA chapters presented their reports. They were Drs. Maksud Chowdhury (NY), ABM Salauddin (Alabama), Abul Azad (Carolina), Sayedur Rahman (Connecticut), Mohammed Hakim (Boston), Moazzem Hossain (California), Sultan Ahmed (Florida), Farhad Karim (Kentucky), Mohammed A Razzak (Chicago), Jahangir Khan (Mid Atlantic), Abul F. Islam (Michigan), Mahbub Rahman (Philadelphia),. The Election of BMANA was conducted by the election chairman Dr. Waled Chowdhury, with the help of members Drs. Ziauddin Ahmed and Sunil Das. The new executive was formed with overwhelming support. They are President : Abul F. Islam, M.D., Past president : Ehsanur Rahman, M.D., President-Elect: Nazmul Khan, M.D., Secretary: Maksud Chowdhury, M.D., Treasurer, Rafique Ahmed, M.D., Scientific and social secretary: Ayesha Sikder, M.D., Young Physician secretary: Nafiz Chowdhury, M.D. Executive Members: Chowdhury Hafiz Ahsan, M.D., Ahmed Hasaan, M.D. and Shahida Iftekar, M.D.

A young physician's forum for residency was organized by BMANA. Many young physicians who are looking for a residency and others who are taking the USMLE examination had participated in the program. Among the speakers **Barbara Burger, M.D.** Program Director of Internal Medicine of Brookdale Hospital and **Rumana Sabur, M.D** Associate program director of Our lady of Mercy hospital gave excellent presentations and tips for getting into residency program. Other speakers were Drs. Ziauddin Ahmed, Mujib Mojumdar, Hamiduzzaman, Sultan Salahuddin, ABM Salahuddin and others. A lively and candid discussion was followed as how to organize the better support system for the new physicians during this difficult time.

The evening program started with the welcoming speech by **Drs. Ehsanur Rahman, Maksud Chowdhury, and Waled Chowdhury**. This year three people were presented the BMANA award for their extraordinary contribution in their respective filed. They were (1). **Professor Abul Hussam**, a Chemist and a faculty of George Mason University, Virginia for his invention of a simple Arsenic filter which will be invaluable tool for arsenic affected area in Bangladesh and all over the world. He is also proud recipient

of Grainger Challenge prize worth 1 million from National Academy of Engineering, USA (2) **Nazrul Islam, PhD**, an economist, Ex. faculty of Harvard University, Emory University, Kyushi National University in Japan who now works for United Nations. He is recognized for founding Bangladesh Environment Network (BEN), through which he not only energized people from diverse academic background to focus on environmental issues in Bangladesh. Due to his work many landmark environmental issues have been achieved in Bangladesh today. (3) **Mohammed Omar Faruq, M.D.** A Bangladeshi American Physician who had returned to Bangladesh and has contributed in developing Critical Care Medicine specialty in Bangladesh. He also has relentlessly done CPR workshops and provided training to few thousands of physicians in Bangladesh. He has started a postgraduate program in Critical Care Medicine.

The honorees were introduced by Ziauddin Ahmed, M.D., Ehsanur Rahman, M.D., and Attorney Tawfiq Chowdhury. The finale was the great Cultural event after the excellent Indian dinner. This year the performers were Adity Mohsin, a famous Tagore singer from Bangladesh, Baby Nazneen, another famous modern singer of Bangladesh. Other attractions were a famous comedian Anil Maheshwari, M.D. and a Dance recital from New York. Until past midnight the members and the family enjoyed the whole program. At the end **Dr. Dilip Sarkar**, convener of the next meeting invited every one for another excellent event in 2008 in Norfolk, Virginia.

BMANA Chapter News

New York Chapter is very active in organizing young professionals. Trying to support in obtaining residency etc. BMANA and NY chapter have done few meetings and raised interest in the community. Nazmul Khan, M.D. president elect of BMANA has taken an extraordinary initiative in fund raising for SIDR victims. They have raised \$85,000 and planning to use it for Cyclone shelter and schools in the coastal area. NY Chapter annual convention was held on June 21, 2008. A scientific seminar followed by an excellent cultural function was a great success. They are taking few projects including collaborating with a newly established Hypertension, Diabetes and vascular center supported by a Bangladeshi Industrialist in Long Island, NY.

Carolina Chapter had their 7th annual convention on March 15, 2008 at Marriott in Raleigh, NC. The convention had a successful scientific seminar. **Dr. Riaz Chowdhury**, organized the whole seminar. The speakers were Dr. Mahfuzul Haque, Dr. Abul Imam, Dr. Tapasi Saha, Dr. Baloch and Dr. Cusi. The cultural event was great and was organized by

Dr. Tahmida Jahangir, the cultural secretary. Dr. Hannan and his wife Dr. Sabina Hannan like every year created this excellent event with new ideas incorporating the history and heritage of Bangladesh. **Dr. Abul Azad**, the president of the chapter thanked **Dr. Mohammed Bahar Hussain** for doing an excellent job as a convener of the event. He also thanked the member of the executive committee and Dr. Sharifuzzaman, Dr. Najmul Chowdhury, Dr. Taslim Ahmed, Dr. Dabiruddin Humayun, Dr. Sagir Ahmed, Dr. Ishtiaque Mohiuddin, Dr. Mamun Sharier, Dr. Enayet, Dr. Nusrat Ara, Dr. Kalam Khan, Dr. Habib Masud, Dr. Waliur Rahman, Dr. Abul Imam, Dr. Salahuddin and all the physicians in Raleigh-Durham-Cary area. **Dr. Taslim Ahmed** created a beautiful souvenir, **Dr. Najmul Chowdhury** maintained an excellent web page. They donated \$2,500.00 (two thousand five hundred to Mariam clinic, which is a free health clinic for low income and uninsured adults in Wake and Durham Counties. The guests in the meetings were Mr. Bob Ricker – vice president of Rex Hospital, Dr. Ziauddin Ahmed, Dr. Fatema Ahmed, Dr. Mostaque Ahmed and Dr. and Mrs. Mohammed Ali Siddiky from PA, KY and VA respectively. The chapter also organized their 3rd annual grand health fair which has created a big impact in Raleigh, NC.

Florida Chapter had their annual convention this year. They had an excellent scientific session, business meeting and discussion about next BMANA central conference that they are hosting in Florida in 2009. More than 70 physicians and about 300 family members had excellent fun during the great event. Dr. Golam K Chowdhury the convener of the 29th BMANA conference invited every one to make it a success.

Connecticut chapter had their meetings and membership drive campaign. Dr. Sayedur Rahman, President of the chapter had taken few initiatives and agenda for coming years. The chapter did a health fair and distributed free medicine recently.

Philadelphia chapter: Organized their 3rd multispecialty health fair in Philadelphia on June 30th, 2008. Consultations by 10 specialties during the fair was considered unique and was greeted by the Mayor and the congressman for the effort.

Michigan Chapter: Did their annual meeting and planned to extend the humanitarian activities

Three New BMANA chapters formed

Nevada chapter of Bangladesh Medical Association of North America was formed on May 30, 2008. Twelve founding members enthusiastically formed the chapter with multiple agenda to support to needy. The president is Mohammad Najmi, M.D., Secretary Chowdhury Hafiz Ahsan, M.D., Tareq Jamil, M.D. treasurer and other members include Golam S. Chowdhury, M.D., Prosenjit Chakma, M.D., Yousuf Harun, M.D., Tanvir Hussain, M.D., Selina Parveen, M.D., Mahbub Qureshi, M.D., Shirin Rahman, M.D., Mosuhumi Shumi, M.D. and Afroza Zaman, M.D.

Georgia Chapter of Bangladesh Medical Association of North America was formed on November 2007. They raised fund for SIDR Took projects to support community in Atlanta, and Bangladesh. The executive committee members are Monwar Mullick, M.D. President, Khairul Anam, M.D. President-elect, Syed Wasim, M.D. Secretary, Khaja Jamal Ahmed, M.D. Treasurer, Salma Ahsan, D.O. Young Physician secretary, Azizul Haque, M.D. Scientific Secretary, members: Khaled Jalil, M.D., Mohammed Ali, M.D. Ehteshamul Haque. Georgia BMANA Alliance members are Nahida Rahman Huq President, Sakira Ali President-elect, Rumi Secretary, Research subcommittee: Mustafizur Rahman, M.D. MPH, Social work: Naureen Hussain, M.D. Cultural; Jasmin Anam, M., D.

Arizona Chapter of Bangladesh Medical Association of North America

was formed on May, 2008. The first meeting will be on July 17th, 2008 to form the full executive committee. Contact: bmana.az@gmail.com

Alumni News

Chittagong Medical College USA Alumni had their international annual convention in Chittagong on December, 2007. This year they had donated \$9000 to improve the dialysis unit in the Chittagong Medical College. They had arranged visiting lectures year round.

Sylhet Osmany Medical College Alumni USA had sent journals to the College. They also donated fund for publication of the prestigious Teachers Journal of the SOMC. Year round visiting lectures and visits are increasingly contributing to the academic events.

Dhaka Medical College Alumni USA

DMC Alumni USA is being organized. Dr. Sajjad Islam, the convener and Dr. Mujib Mojumder secretary have invited the interested member to contact them. During the upcoming BMANA meeting in Virginia, a full committee and the program will be launched. On behalf of DMC alumni and BMANA Dr. Sajjad Islam has contributed \$7000 to DMC towards a program in training Pediatric surgeons and improving Medical curriculum.

Mymensing Medical College alumni USA had donated \$500 to the MMC library. They have also started a USMLE corner at the library where they are sending educational materials for USMLE. Dr. Mohammed Alam of NY visited the college and discussed about future projects including an Infection Control project at MMCH.

Members Activities

Ayesha Sikder, M.D is working with others to establish a critical care training program with Omar Faruq, M.D. of BIRDEM, in Bangladesh. The post graduate course is already approved by the govt. She had sent course materials including "The Current American College of Chest Physicians Board review" CD format Critical care books, ICU protocols for Acute MI, Vent management, Sedation, Pneumonia,

COPD exacerbation, etc. A virtual lecture series by visiting specialists are planned. She also received a donation of full set of Bronchoscopy set from Olympus co. If any one is interested to donate, support and or provide lectures during visit please contact Dr. Ayesha Sikder at sikder@bellsouth.net.

Chowdhury Hafiz Ahsan, M.D., a faculty of University of Nevada who has been contributing to BIRDEM's interventional cardiac care for few years. Because of his support BIRDEM is now ranked one of the top institution for cardiac care. He also has organized a \$250,000 donation from USA to set up state of art equipment including Intravascular ultrasound. Emdad and Sitara foundation, California, USA had donated the fund through BMANA to improve the cardiac care in Bangladesh. Through a ceremony BIRDEM chief Dr. Azad Khan formally named the vascular center after the Emdad Sitara Foundation in the presence of Mrs. Sitara Emdad on December 2007.

M. Abidur Rahman MD. FACS a vascular surgeon and

Dr. Rafique Ahmed a cardiologist who were providing ongoing support in vascular surgery and Electrophysiology in Bangladesh for few years. In January, 2008 they had spent 10 days at the National Institute of Cardiovascular Diseases(NICVD) for their annual training session. Dr. Rafique Ahmed represented Midatlantic cardiology group at Baltimore, Maryland and Dr. Abid Rahman represented Physicians for Peace. Both of them coordinated the program shared experiences and did procedures. Dr Rafique Ahmed did many EP procedures, both of them did many complex consultations and teaching. Dr. Abid Rahman did many vascular surgeries with introduction of some new technique and some major percutaneous procedures and stenting. He also handed over the donated items from WL Gore company as well the items donated by Borgess Medical Center, Kalamazoo. MI and Oaklawn Hospital, Marshall . MI. During their busy schedule they did few seminars i.e. “an update of revascularization of lower extremity options” and “update of endovascular repair of abdominal aneurysm” to the physicians and trainees at NICVD. Orion medical company also sponsored a program for cardiology, cardiac and vascular surgeons on “Overview of current endovascular procedures in vascular surgery”. On the last evening NICVD hosted a dinner for the staff and visiting physicians. Director of NICVDS presented certification of participation in the program to NICVD physician staffs and token of appreciation to Drs. Abid rahman and Rafique Ahmed.

Rashed Nizam, M.D. An ophthalmologist visited Bangladesh and provided surgery and training at The Eye Institute in Chittagong. He is also involved in other charitable activities to improve the life of the needy in Bangladesh.

Ziauddin Ahmed, M.D. a faculty of Drexel University College of Medicine had participated and organized the health care session in the first Non residence Bangladeshi Conference(NRB) in Bangladesh on December 2007. He spoke on how to improve health care in Bangladesh by NRB physicians. After the seminar he had many meetings with the government officials and academicians where support in organizing Medical school curriculum, CME and nursing curriculum and training were discussed. To follow up the plan he has arranged curriculum seminar by ECFMG (FAIMER) in November 2008. He also has sent proposals of new nursing curriculum for approval in Bangladesh. The institution of a ongoing CME program which could be linked to licensure renewal is under consideration. He also received commitment from the Drexel University College Of Medicine, Philadelphia to support Medical and nursing education in Bangladesh. A program of Drexel's medical student rotation at Dhaka Medical College hospital also finalized. He received an award from the chairman of Bangladesh Red Cross (Red crescent) for establishing Infection Control Program and contributing in medical education in Bangladesh.

Sultan Salahuddin Ahmed, M.D. a faculty of NOVA University, Florida and president of BMANA, Florida chapter had participated in NRB conference in Bangladesh where he had presented a land mark paper and full proposal of initiating CME in Bangladesh.

He also received commitment from NOVA University of Florida in support of improving Medical and Nursing education in Bangladesh.

Sunny Hussain, M.D. A gastroenterologist had participated in the NRB conference in Bangladesh, where he presented a paper on importance and mechanisms to organize a state of art medical research center in Bangladesh.

ABM Atiquzzaman, M.D., a gastroenterologist and the secretary of BMANA Florida chapter delivered lectures in BSMMU (IPGGMR) during his visit to Bangladesh.

Ajmol Sobhan, M.D., a vascular surgeon, past secretary of BMANA, founder member of Shushato Clinic (NGO) did many vascular surgeries and provided training to few hospitals in Bangladesh during his visit recently. He has been taking American team to perform surgeries and training for many years.

Ehsanul Haq, MBBS, PhD from Connecticut who runs DCI project took Dr. Brian Deboraf, a pediatric ophthalmologist from Yale to Bangladesh. Dr. Deboraf trained many eye surgeons at Islamia eye hospital and BIRDEM hospital.

Bimalengshu Dey, M.D. Assistant professor of Medicine, an oncologist at Mass General Hospital of Harvard University, Boston had initiated and played a major role in organizing the first International cancer seminar in Bangladesh in March 2008. The three day seminar was the first of the kind where many lectures and hands on seminar were provided by many foreign faculty. Dr. Dey arranged 3 from Harvard and 3 from Tata Memorial and one speaker from Hungary. The chairman of the seminar was Prof. Karim of Bangladesh. A new interest among the Cancer physicians and excellent awareness in public was generated and ongoing program in improving cancer care and education is formulated. Interested Physicians can contact him at BDEY@PARTNERS.ORG

Mohammed Saduzzaman Chowdhury, M.D., Head of Urology, New York Medical College had attended the Cancer seminar in Bangladesh and lead the seminar and workshop for all 3 days. He also gave few seminars in the Bonghobandhu Sheikh Mujib medical College. He is also committed to organize training in Urologic surgery including laparoscopic technique by visiting foreign specialties.

Sajjad Islam, M.D. a radiologist, participated in a seminar on cancer care in Bangladesh on March 2008. He delivered lecture on imaging in cancer. He also gave lecture to the Radiological society where he discussed plans for supporting training in Radiology. He also committed to sponsor a young talented Radiologist for a short training in USA.

Alim Khodokar, M.D., a cardiothoracic surgeon did surgeries and trained surgeons during his visit this year. For many years his support and commitment became pioneering event in developing cardiothoracic surgery specialty in Bangladesh.

Maksud Chowdhury, M.D. Secretary of BMANA and past President of NY chapter has organized American students rotation in Bangladesh. Two college students and 2 medical students have rotated in ICCDRB, Children Hospital and programs of Distressed Children International. He also donated educational fund for 20 students to Volunteer Association of Bangladesh for long term support. He also established a small hospital in Raozan, Chittagong which is now received support from a foreign NGO for maintenance.

Shamim Ara Begum, M.D. of New York is supporting an AIDS awareness program by a NGO named LIFE in Bangladesh by providing materials for quick AIDS testing kits and other educational information.

Mohammed Alam, M.D., an ID specialist from NY, supporting Infection control activities in Bangladesh. During his visit at Square Hospital he shared ideas how to improve the problems of hospital infection and how BMANA and ICPB can support those activities.

Dr. Mohammed Zubayar of NY is organizing course on CPR and Life Save Guard in Bangladesh. This is a mass population program. He plan to train Teachers, Scouts, UOTC, Red Cross Volunteer, Fire Fighters, Navy, Air, Army, BDR, Police, a Village Defense Party and others. He has plan to start EMT/Emergency Medical Technology service in Bangladesh.

BMANA Members honored

Waled Chowdhury, M.D. of NY, past president of BMANA was honored by the Nassau County, Long Island NY, for his outstanding contribution in organizing Medical association, commitment to public service and promoting cultural heritage in June 2008.

Mohammed Saduzzaman Choudhury, M.D. Chairman of Urology NY Medical College was honored in for his outstanding contribution to teaching, state of art service and commitment at the 29th Annual ball of the Westchester county hospital of NY Medical College in June 2008.

Shahida Iftekar, M.D. of NY, Member of executive committee of BMANA an ID specialist and Director of Infection Control received multiple awards from Suffolk County, Long Island NY for her extraordinary dedication and excellent service for the community and patient care.

A book on Martyred physicians needs your support

Dr. Baizid Khorshid Riaz has worked hard to publish a book with comprehensive information on our Martyrs of liberation war. He is an excellent Physician who is passionately doing this work for many years. He needs financial support since its cost about \$4000 will be a biggest obstacles to publish it before December 2008. He will acknowledge the name of the donor for such important support. Please send your check payable to Baizid Khorshid Riaz, Savings Account no- 4730/ 7, Sonali Bank, Gonobhobon Branch, Dhaka, Bangladesh.

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